



## **Clinical Health Psychology Postdoctoral Fellowship**

The Ottawa Hospital (TOH) is a dynamic patient-centred health care organization with an emphasis on tertiary-level and specialty care. This multi-campus organization is a teaching hospital affiliated with the University of Ottawa and one of Canada's largest Academic Health Sciences Centres. [The Ottawa Hospital Research Institute](#) (OHRI) is nationally recognized as a leader in health research.

The Ottawa Hospital Department of Psychology is pleased to announce a one year Postdoctoral Fellowship available from September 2<sup>nd</sup> 2014 to September 1, 2015 (with possibility of renewal). Applicants will have graduated from an accredited Ph.D. Program in Clinical Psychology, completed an accredited Clinical Pre-doctoral Internship, and be registered (or eligible for supervised practice for registration) with the College of Psychologists of Ontario in Clinical and Health Psychology. Previous clinical experience working in a hospital setting is an asset but is not required. Bilingualism is also preferred but is not required. The Fellowship stipend is \$55,000 per year including 15 days of paid vacation.

TOH Psychology is committed to helping early-career scientist-practitioners in Clinical Psychology embark on clinical health research careers. The Fellowship will provide clinical experiences in working with HIV patients who have complex medical and psychological issues. The Fellowship offers opportunity to contribute to, and learn from, the expertise of the inter-professional HIV clinic team, scientists, and [Department of Psychology](#) staff. Under the supervision of Dr. Louise Balfour, the Fellow will conduct innovative clinical health research in HIV treatment (60% time allocation) and clinical assessments and psychotherapy with culturally and medically diverse patients (40% time allocation). An example of such work is a CIHR- funded multi-site smoking cessation intervention trial currently underway. The post-doctoral fellow will be actively involved in providing smoking cessation counseling to HIV patients in this study.

### **HIV Immunodeficiency Program (HIV)**

HIV outpatients referred for psychological services often have co-morbid conditions which complicate their treatment, such as, viral hepatitis, neuropathic pain, chronic fatigue, diabetes, etc. The HIV team includes Infectious Disease Physicians, Nurses, a Social Worker, a Pharmacist, and a Clinical Dietician. Psychological services include assessment, preparation for medical treatments, optimizing treatment adherence, coping with medication side-effects, modifying health behaviours, and reducing disease transmission risk. Psychological adjustment and adaptation to chronic illness and coping with HIV related psychological and physical impairments, disability, and stigma are also key components of working with this population. Many HIV patients come from diverse and vulnerable communities (e.g. refugees, gay men) and cross cultural diversity training will be provided.

Professional development opportunities include weekly Medical Grand rounds, OHRI research seminars, Psychology education rounds, etc. The Fellow will play an active role in the bi-monthly HIV behavioral medicine research lab meetings. The Fellow will also have an opportunity to supervise clinical and research trainees in psychology and medicine.

### **TOH Psychology**

In addition to being part of the HIV Program, the incumbent will be part of a collegial and vibrant group of 38 psychology staff who are actively involved in clinical service, research, teaching and training. Most Psychology staff hold an academic appointment with the School of Psychology at the University of Ottawa. Many psychology staff provide supervision to honours students and teach one of three graduate courses in Rehabilitation, Health and Neuropsychology at The University of Ottawa.

For more information about the Clinical Health Post-doctoral Fellowship, please contact Dr. Balfour at [lbalfour@toh.on.ca](mailto:lbalfour@toh.on.ca). Applications can be submitted by email and need to include: a letter of intent, CV, a copy of graduate transcripts, and contact information from 3 references. The closing date for this competition is May 30th 2014.