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DR. SARAH LANDY TORONTO PSYCHOLOGIST RECEIVES AWARD FOR DISTINGUISHED CONTRIBUTIONS TO PUBLIC OR COMMUNITY SERVICE

OTTAWA, JUNE 3, 2003 -- Canadian Psychological Association (CPA) President, Dr. Abraham Ross is pleased to announce that Dr. Sarah Landy of Toronto has been selected as the 2003 recipient of the CPA Award for distinguished contributions to public or community service.

Dr. Landy has been a pioneer and a driving force in the development and delivery of prevention and early intervention services for infants and young children who are at risk for emotional and developmental difficulties. Since 1990, Dr. Landy has held teaching positions at the University of Toronto and York University, has been active in various positions within several children development programs at the Toronto East General Hospital and the Hincks-Dellcrest Centre.

"Dr. Landy's model for working with families is one that should widely influence professionals' approach to child and family intervention," said Dr. Elizabeth Thompson, Medical Education Co-ordinator at the Toronto Hospital for Sick Children. "She has given generously of her time and knowledge to train many professionals and to support and guide thousands of families through the often difficult road of raising children in today's society. All of the work that Dr. Landy accomplished is driven by her desire to see children learn and grow in the best possible environment."

Dr. Landy has used her extensive knowledge and clinical experience to make a number of remarkable contributions to the field. Of note among these are *Staying on Track*, a community-wide tracking, identification and referral system for infants and young children developed in 1989 with the Leeds, Grenville and Lanark Health Unit, *HEAR* (Helping Encourage Affect Regulation), a multi-session program developed in 1993 for parents with aggressive preschoolers, and more recently, *Growing Together*, an award-winning program providing health promotion, prevention and early intervention services to improve the health, well-being and development of infants, young children and their families in the St. Jamestown area in Toronto.

The Canadian Psychological Association is holding it's 64th Annual Convention in Hamilton, from June 12 to 14, 2003. This year's gathering of more than 900 psychologists and psychology students is co-hosted by the Ontario Psychological Association (OPA). CPA Awards will be presented during the Welcoming Ceremony, on Thursday, June 12 at 9 a.m., in room Chedoke A of the Hamilton Convention Centre, 1 Summers Lane, Hamilton, Ontario.

The Canadian Psychological Association the national organization in Canada representing 5 200 psychologists and students in psychology from all Canadian Provinces and Territories. Its objectives are to lead, advance and promote psychology as a science and as a profession for the benefit of humanity; to provide leadership in psychology in Canada; to promote a sense of identity among psychologists; to promote the advancement, dissemination, and practical application of psychological knowledge; to develop standards and ethical principles for education, training, science and practice in psychology.