

FEBRUARY IS PSYCHOLOGY MONTH

"Psychology is for everyone"

Free Events in Manitoba				
Date	Time	Title	Presenter	Location
Mon. Feb. 3	7:00–8:30 pm	Get Your Child to go to Sleep and Stay Asleep	Dr. Kirsten Wirth	McNally Robinson Community Classroom
Mon. Feb. 3	8:15-10:00 am	The Brain as Central Control: Interventions and Strategies for Persons with Cognitive Impairments	Dr. A. Brown-DeGagne	Norwood Hotel Free talk for VRA-Canada members (registration required).
Wed. Feb. 5	12:30 – 1:30 pm	Psychology and the Universality of Science	Dr. Jim Clark	University of Winnipeg Room 4L28 (4 th Floor Lockhart)
Thurs. Feb. 6	7:00–8:30 pm	Psych up your Social Life: Using the Science of Interpersonal Connection to Improve your Health, Work, and Relationships	Dr. Kelley Robinson	Millennium Library Buchwald Room
Mon. Feb. 10	6:50 a.m.	Coping with Valentine’s Day Pressures . . . whether you’re single or part of a couple	Dr. Carrie Lionberg	Breakfast Television City T.V.
Tues. Feb. 11	7:00-8:30 pm	Kids and Money: Raising Financially Competent Children	Dr. Moira Somers	Rady Centre, 123 Doncaster St. Pre-register: hwtuck1@mymts.net
Tues. Feb. 11	TBA	Eye-Witness Testimony, Experimenter Demands, and Monitoring Behaviour	Dr. Lorraine DeWiele	Invited audience of clinical case managers & case workers
Wed. Feb. 12	12:30 – 1:30 pm	Self-Compassion and Well-Being	Dr. Michael McIntyre	University of Winnipeg Room 4L28 (4 th Floor Lockhart)
Wed. Feb. 12	Half Day	Learning How To Cope With Anxiety	Dr. Rehman Abdulrehman	JH Bruns High School: Invited audience, Gr. 10 students
Tues. Feb. 18	6:50 a.m.	Non-Pharmacological Treatments for Chronic Pain	Dr. Pamela Holens	Breakfast Television City T.V.
Tues. Feb. 18	7:00–8:30 pm	How Your Mind Affects Your Heart and What You Can Do About It!	Dr. George Kaoukis Director, WRHA Cardiac Psychology Service	The Reh-Fit Centre 1390 Taylor Avenue Pre-register at 204-488-8023
Tues. Feb. 18	12:00– 1:00 pm & 7:00– 8:00 pm	Coping with Managing Challenging Behaviours of those living with a developmental disability	Dr. Leslie Thorne ,Ms. J. Thorsteinsson, Ms. Lilian Saltel, Mr. Chris Villing, Dr. James Ediger	East Dining Room St. Amant 440 River Road
Wed. Feb. 19	7:00 – 8:30 pm	Divorce: More than Surviving it . . . Thriving	Dr. A. Ordonez, Dr. J. Unger, Ms. C. Milgrom	McNally Robinson Community Classroom
Thurs. Feb. 20	2:30 – 4:00 pm	My Child Needs a Psychological Assessment: What does that mean?	Dr. Alicia Ordonez, Ms. Claire Milgrom	New Directions Parenting Centre 321 McDermot Avenue
Sunday Feb. 23	12:15–1:15 pm	Memory and Aging: What’s Normal, What’s Not?	Dr. Colleen Millikin	First Unitarian Universalist Church, 603 Wellington Cres.
Mon. Feb. 24	6:50 a.m.	The Psychology Behind Kids and Money	Dr. Moira Somers	Breakfast Television City T.V.
Mon. Feb. 24	10:00-11:00 am	Baby Talk: How, when and what your baby learns about language	Dr. Melanie Soderstrom	Birth Centre, 603 St. Mary’s Rd. Pre-register at: M_Soderstrom@umanitoba.ca
Wed. Feb. 26	12:30 – 1:30 pm	Values and Traits Associated with Frequent Texting	Dr. Lisa Sinclair	University of Winnipeg Room 4L28 (4 th Floor Lockhart)