

“Training Competent Sport Psychologists: Issues and Options”

The field of sport psychology, long recognized within kinesiology but infrequently covered within psychology department curricula gains recognition and momentum among the public with each Olympic Games.

Currently, only a few psychology programs in the United States provide specialized training in sport psychology. In North America, the sport psychology curriculum in kinesiology departments emphasizes research or teaching.

Thus, in order to acquire knowledge and skill in the practice of sport psychology, psychology students have developed individualized programs by integrating coursework and mentorship from both psychology and kinesiology departments. Psychologists without such training pre-licensure typically seek consultation from psychologists practicing sport psychology and take additional coursework related to sport and sport psychology.

This Conversation Hour addresses issues relevant to training and practice in sport psychology, including coursework, training, inter-disciplinary collaboration in training and practice, supervision, assessment and recognition of competency, and communication of competence to relevant stakeholders.

This Conversation Hour, intended to initiate dialogue among participants interested in the training and practice of sport psychology in Canada, will cover related topics in graduate and post-graduate education, practice, regulation and collaboration.

Orzeck, T., Hays, K., Farthing, G., & Cohen, K. (2007)

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