

Learning Objectives

Participants will:

Be able to identify factors in their own lives that will facilitate and/or impede their work with clients with sexual problems.

Become more comfortable recognizing, assessing, and treating clients' sexual concerns and problems.

Be able to describe a generic model for conceptualizes the sources of sexual concerns and problems.

Know how to take a sexual history.

Be able to describe an assessment model that they can use to design effective interventions.

Increase their knowledge of empirically supported interventions for addressing clients' sexual concerns.

Recommended Reading

Wincze, J.P. & Carey, M.P. (2001). *Sexual dysfunction: A guide for assessment & treatment (2nd Ed.)*. New York: Guilford Press.

Who Should Attend

This workshop is intended for psychologists, psychiatrists, social workers, psychiatric nurses, counselors, and students who are interested in expanding their clinical skills in working with clients with sexual difficulties.

CPA CE Credits

Certificate for 6 CE Credits will be provided for participants upon completion of this workshop.



The CPA Sections on Clinical Psychology and Women and Psychology Announce a Workshop on:

Working with Clients Who Have Sexual Difficulties: A Workshop for Psychologists with a General Practice

by
E. Sandra Byers, Ph.D.
Psychology Department
University of New Brunswick

Wednesday, June 11, 2008
9:00am – 4:30pm
Marriott Halifax Harbourfront
Halifax NS



Registration

To register, complete the Pre-Convention Workshop Registration form on the CPA website:

<http://www.cpa.ca/convention/>

The deadline for registration is May 14, 2008.

Pre-registration and pre-payment is required. There will be no on site registration. Early registration is strongly recommended, as space is limited.

Fees

CPA Clinical Section/SWAP Members: \$158.20

CPA Clinical Section/SWAP Student Affiliates: \$84.75

CPA Student Affiliates: \$101.70

CPA/APNS Members: \$180.80

Non-members: \$203.40

(Fees include HST. Refreshments will be served at two breaks, but lunch will not be provided)

Location

Marriott Halifax Harbourfront
Halifax Nova Scotia

Overview

Often clients have issues and questions related to sexuality that they wish to address, many of which do not require the intervention of a sex therapist. Indeed, one survey found that 78% of psychologists surveyed had been asked about a wide range of sexual issues by clients (Di Giulio & Reissing, 2004). Thus, it is important that all clinical psychologists, not just those who identify themselves as sex therapists, are willing and able to respond to their clients' sexual problems and concerns. This workshop is designed for the therapist with a general clinical practice who wants to become more comfortable with and knowledgeable about assessing and treating the sexual issues that arise in therapy with gay, lesbian, and heterosexual clients. The workshop will allow participants to clarify their personal barriers to working with sexuality issues including assessment of their sexual intervention self-efficacy, provide participants with an assessment model that can be used as a basis for designing effective interventions, and help participants to become more knowledgeable about and effective in addressing clients' sexual issues including knowing when to refer.

About the Workshop Speaker

Dr. Sandra Byers is Professor and Chair in the Department of Psychology at University of New Brunswick in Fredericton, NB. She has been working in the area of human sexuality for the past 30 years. She has published widely in the sexuality area and has been actively involved in organizations such as the Canadian Sex Research Forum, the Society for the Scientific Study of Sexuality, the Advisory Board of the Sex Information and Education Council of Council. She has been a consulting editor to the *Canadian Journal of Human Sexuality*, the *Journal of Psychology and Human Sexuality*, and *Archives of Sexual Behavior*. She has won a number of awards including the Distinguished Member Award from the Section on Women and Psychology of the Canadian Psychological Association in 2005. In addition to numerous conference presentations, many with her graduate students, Dr. Byers has given more than 135 invited addresses and workshops on topics related to human sexuality and to intimate relationships.